

I can pray a rainbow...

Genesis 9 v 13

"I am putting my rainbow in the clouds as the sign of the agreement between me and the earth"



God placed a rainbow in the sky as a symbol of his promise to never again send a flood like the one that Noah had survived in the ark. Today the rainbow is a symbol of hope for us, a reminder that God keeps his promises. Here are some rainbow inspired activities for you and your family to explore together.

Rainbow prayer hunt

Go on a search around your house and try to find something of each of the colours below. Here is a prayer you can say for each colour as you find them.



RED

Thank you, God, that you love us and that you are always with us.



ORANGE

Dear God, please help us to be patient, to wait and listen to you and to be obedient while we wait for this crisis to end.



YELLOW

Dear God, please help all those who are scared. May they know your perfect peace that takes away all fear.



GREEN

Dear God, please look after all those who are sick, give them the treatment and help they need to recover, send your healing power into all the world.

BLUE

Dear God, please protect all those who are working for the NHS, thank you for all they are doing to protect us.

NHS

PURPLE

Thank you, God, that we are children of the King of Kings. Thank you that even though we are in difficult times we can trust in you and pray your Kingdom come.



PINK

Thank you, God, that we know you will bring us through this crisis to safety on the other side just as you protected Noah and brought him and his family through the flood.



Make an encouragement rainbow

You will need: Paper and pens or any other craft materials you have around the house

All around the country people are putting rainbows in their windows to encourage people in their street.

Use whatever craft materials you have in your house to decorate a rainbow and put it in your window where your neighbours can see it.



Some promises to share

Here are some more of God's promises from the Bible. Ask God who needs encouraging today and then send them a promise verse.

Joshua 1:9 - Be strong and brave. Don't be afraid because the LORD your God will be with you everywhere you go.

Jeremiah 29:11 - "I say this because I know what I am planning for you," says the LORD, "I have good plans for you, not plans to hurt you. I will give you hope and a good future."

Mark 11:24 - So I tell you to believe that you have received the things you ask for in prayer, and God will give them to you.

Romans 8:28 - We know that in everything God works for the good of those who love him.

